

# Recipe Prep Sheet

## 990355 - Buffalo Chicken Wrap

Recipe HACCP Process: #2 Same Day Service

Source: Local

Number of Portions: 10

Portion Size: each

Ingredient #	Ingredient Name	Measurements	Instructions
990523	Chicken, Diced, 2/5 Pound, Tyson	2 1/2 cup	Preheat to 375° F  Bake chicken on a sheet tray for 15 minutes, or until internal temperature reads 165° F
990590	Hot Sauce, 4/1gal, Frank's RedHot	1 cup	
001145	BUTTER,WITHOUT SALT	1/2 CUP	Buffalo Sauce Preparation: 1. In a medium sauce pot melt butter over medium heat. 2. Add hot sauce and garlic,whisk until well combined and smooth. 3. Remove from heat and hold hot until service.
900771	GARLIC, GRANULATED	2 TBSP	
990558	Tortilla, Flour, 9", LS, 16/12ct., Azteca (2WG)	10 tortilla	
			Toss chicken in sauce and scoop one 2oz (red) ladle of chicken into each tortilla  Wrap each tortilla and serve

\*Nutrients are based upon 1 Portion Size (each)

Calories <sup>1</sup>	349.029 kcal	Total Fat	16.794 g	Total Dietary Fiber	3.166 g	Vitamin C	*0.302* mg	43.303% Calories from Total Fat
Saturated Fat <sup>1</sup>	9.005 g	Trans Fat <sup>2</sup>	*0.000* g	Protein	18.945 g	Iron	*2.215* mg	23.219% Calories from Sat Fat
Sodium <sup>1</sup>	1151.853 mg	Cholesterol	62.757 mg	Vitamin A	*299.220* IU	Water	*1.945* g	*0.000%* Calories from Trans Fat
Sugars	*2.007* g	Carbohydrate	30.995 g	Calcium	*44.070* mg	Ash	*N/A* g	35.521% Calories from Carbohydrates
Moisture Change	0.000 %	Fat Change	0.000 %	Portion Cost	\$0.664			21.712% Calories from Protein
Type of Fat	-							

### Components

Meat/Meat ALT	2.5 oz eq	Grain	oz eq	Fruit	cup	Vegetable	cup	Milk	cup
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### Allergens

Milk	Wheat							
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\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.